

| Variant                   | Item               | Nutritional Content   | Ingredients                       | Allergens  |
|---------------------------|--------------------|---|-----------------------------------|--|
| 80TB Assortment Black Tea | Black Tea          | Calories: ~0 kcal; 0g fat, 0g protein, <1g carbs; Manganese (~23% DV); Rich in polyphenols        | 100% Black Tea leaves             | None (naturally allergen-free unless cross-contaminated) |
| 80TB Assortment Green Tea | Green Tea          | Calories: ~0 kcal; 0g fat, 0g protein, <1g carbs; Contains catechins, EGCG; High antioxidants     | 100% Green Tea leaves             | None (naturally allergen-free unless cross-contaminated) |
| 80TB Assortment Herbal    | Chamomile          | Calories: ~0 kcal; 0g fat, 0g protein, <1g carbs; Contains apigenin; Mild antioxidant properties  | Dried Chamomile flowers           | None (naturally allergen-free unless cross-contaminated) |
|                           | Rosehip & Hibiscus | Calories: ~2 kcal; 0g fat, 0g protein, <1g carbs; Rich in vitamin C; High antioxidant activity    | Dried Rosehip and Hibiscus petals | None (naturally allergen-free unless cross-contaminated) |
|                           | Rooibos            | Calories: ~2 kcal; 0g fat, 0g protein, <1g carbs; Contains aspalathin; High antioxidant content   | Dried Rooibos leaves              | None (naturally allergen-free unless cross-contaminated) |
|                           | Ginger             | Calories: ~4 kcal; 0g fat, 0g protein, <1g carbs; Contains gingerol; Anti-inflammatory properties | Dried Ginger root                 | None (naturally allergen-free unless cross-contaminated) |

| Variant                   | Item               | Antioxidants           | Caffeine Content             | Notable Compounds         | Nature Identical Fruit Flavours |
|---------------------------|--------------------|------------------------|------------------------------|---------------------------|---------------------------------|
| 80TB Assortment Black Tea | Black Tea          | Polyphenols, tannins   | Moderate (~40-70 mg per cup) | Theaflavins, thearubigins | Added                           |
| 80TB Assortment Green Tea | Green Tea          | Catechins, EGCG        | Moderate (~30-50 mg per cup) | EGCG, catechins           | Added                           |
| 80TB Assortment Herbal    | Chamomile          | Apigenin               | Caffeine-free                | Apigenin                  | None                            |
|                           | Rosehip & Hibiscus | Vitamin C, flavonoids  | Caffeine-free                | Vitamin C, anthocyanins   | None                            |
|                           | Rooibos            | Aspalathin, flavonoids | Caffeine-free                | Aspalathin                | Added                           |
|                           | Ginger             | Gingerol, shogaol      | Caffeine-free                | Gingerol, shogaol         | Added                           |